## EXPLORING TENKARA





# Tenkara's Origins

- Literal translation is "from the heavens" or "from the sky".
  - Developed in mountainous regions of Japan.
- Commercial and subsistence anglers including Nomadic Bear Hunters.
  - First described in English publications in the mid 1800's.

# Tenkara in Japan

- The Japanese are very specific in naming types of fishing
  - Tenkara is traditionally defined as -
- "fishing for native trout on high gradient mountain streams with wet flies"
  - There are regional variations in practices and fly patterns
    - "Ten Colors" There is no "One True" Tenkara
      - Tenkara is a niche within a niche
  - · American popularity has caused increased popularity in Japan

## The Tenkara Rod

- Typically, 10-15 feet in length.
- 11-12 feet is popular in the US.
- Typically weigh 3 oz or less and collapse down to 20 in or so.
  - Goofy stiffness rating.



# The Tenkara Triangle

Stop the cast @ 45 degrees Keep the rod tip high to hold the line off the water

Maximum advantage!



# - NOT-The Tenkara Triangle

Keep the rod tip low or

Hold the rod like a pole and dunk Yes, you can catch fish this way

-BUT-

It negates the maximum advantages of the system





#### Tenkara lines

#### Most common line types:

- Traditional furled lines
- Level lines (mostly fluorocarbon)
  - PVC/floating lines
- Hybrid/experimental lines (Kevlar)

#### **Traditional Furled lines**

#### Advantages:

Delicate presentation. Nice for fishing dry flies. Zero line memory.

#### Disadvantages:

Not adjustable. Changes characteristics once waterlogged. Freezes easily in cold weather. Poor choice for subsurface fishing.



#### Level line

Probably the most popular line used with tenkara.

Mostly fluorocarbon, Hi-Vis.

**Advantages:** Nice presentations. Easiest for keeping

line off the water/drag free drift. Relatively cheap.

Adjustable. Can fish longer lines.

**<u>Disadvantages:</u>** Difficult to cast. More tangles.

Difficult to see even with HiVis lines. Poorly suited for

larger flies and windy conditions. High line memory.



# Floating line

- Advantages: Easy to cast. Durable. Fewer tangles. Very little line memory. Cost effective. Wind resistant. Can cast flies that are just not sensible with other tenkara set ups. Easier to see.
- <u>Disadvantages:</u> Harder to keep line off water, but still offers a nice drag free drift.





## **Tenkara flies**

- In the US, tenkara is associated with the sakasa kebari, a reverse-hackle wet fly from Japan.
- While this fly is popular for tenkara fishing in Japan, there are regional variations
  on the fly and not all Japanese anglers are "one fly" disciples.
- In the US, some tenkara anglers have taken a purist approach to tenkara, which
  has caused some dissent in the community.
  - On the plus side, it has caused some US anglers to re-consider their fly boxes.



Sakasa Kebari



Takayama Sakasa Kebari







**Pass Lake** 

# Tenkara Techniques

- Need to use currents/plunge pool to sink wet flies.
  - The "Pulse"
- Dead drift for surface flies, nymphs and even small streamers.
  - Active twitch and retrieve with streamers.
  - Action/pause with both subsurface and surface flies.
    - The slow lift with drift

# Tenkara FAQ

How does it compare to conventional Fly fishing?

Do I have to use tenkara flies?

What about the short casting distance?

How do I land a fish with no reel?

What is this I hear about "throwing the rod"?





